

To: Summer Child Care Camps

Purpose: Summer Gymnastics Field Trips

Schedule a field trip with Artistic Gymnastics this summer. Kids participate in a fun filled gymnastics class involving stretching, strengthening and exposure on all apparatus. Obstacle course will be set up to keep kids moving and active. All levels are invited to enjoy our facility equipped with an in-ground trampoline, a 30' tumble track, foam pits, bars, balance beams, vaults, mats, and training shapes.

All of our senior staff are USAG Safety Certified, First Aid Certified and have had background checks. Safety comes first at Artistic Gymnastics.

When: June/ July/ August
Mondays or Wednesday

Time: 1:30 – 3:30 PM Gym Time: 1:45-3:15 PM (15 minutes allowance for arrival and departure)

These two hours include getting organized and getting in and out of the gym. Children will receive an hour and a half of gymnastics time.

- Cost: \$5.00 per child. Artistic Gymnastics is paid in full with one check.
- Your organization provides transportation to and from the gym.
- Each child must have a completed waiver and proper clothing (athletic clothing, no jeans or jewelry) to participate.
- Maximum of 50 children

To schedule a field trip contact Karen Hughes at (919) 772-9463 or e-mail at KarenArtistic@AOL.com.

Check out our website at ArtisticGymnastics.US