

To: Early Childhood Director

Purpose: Gymnastic Field Trip

Schedule a field trip with Artistic Gymnastics. Pre-schoolers ages 3-5 participate in age appropriate stretching and gymnastics that develop fine and gross motor skills. Obstacle courses include in-ground tramp, tumble track, foam pits, bars and beams. It is our objective to keep kids moving and active in a fun environment.

Artistic Gymnastics has been serving the community for 20 years. All of our senior staff are USAG Safety Certified, First Aid Certified and have had background checks. Safety comes first at Artistic Gymnastics.

When: Wednesdays and Thursdays

Time: 9:00–10:15AM    Gym Time: 9:15-10:00    45minute class

- Cost: \$5.00 per child. Artistic Gymnastics is paid in full with one check.
- Your organization provides transportation to and from the gym.
- Each child must have a completed waiver and proper clothing (athletic clothing, no jeans or jewelry) to participate.
- Maximum of 40 children

To schedule a field trip contact Karen Hughes at (919) 772-9463 or e-mail at [ArtisticGymNC@AOL.com](mailto:ArtisticGymNC@AOL.com)  
Check out our website at [ArtisticGymnastics.US](http://ArtisticGymnastics.US)